

2nd 13th 27th September

AUTUMN MENU



11th October

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Option	Pasta Tomato & Basil Contains gluten	Chicken Fillet Choice of Curry, BBQ, Sweet & sour sauce Contains gluten Contains egg	Gammon Roast	Jacket Potato Cheese, Beans or Tuna Contains dairy	Omega 3 Fish Fingers or Beef Burger in a bun Contains gluten
Veg Option	Pasta Mac & Cheese Contains gluten, dairy	Quorn Fillet Choice of sauces Contains gluten Contains egg	Vegetarian Sausage Roast Contains gluten	Jacket Potato Cheese or Beans Contains dairy	Mini Cheese Quiche Contains gluten Contains egg Contains Dairy
Side	Garlic Bread Mixed Salad Contains gluten, dairy	Rice & Peas Mixed Salad Contains gluten, dairy	Yorkshire Pudding Roast Potatoes Green Beans & Carrots Contains gluten, dairy, eggs	Mixed Salad	Chips Beans Contains gluten
Dessert	Fresh Fruit & Yoghurt Contains Dairy	Apple & Mixed Berry Crumble & Custard Contains gluten, dairy	Fruit Ice Lolly	Fresh Fruit & Yoghurt Contains Dairy	Shortbread Biscuit Contains gluten
Pips	Sandwich/Wrap Cheese, Tuna Mayo, Egg Mayo, Ham	Sandwich/Wrap Cheese, Tuna Mayo, Egg Mayo, Ham	Sandwich/Wrap Cheese, Tuna Mayo, Egg Mayo, Ham	Sandwich/Wrap Cheese, Tuna Mayo, Egg Mayo, Ham	Sandwich/Wrap Cheese, Tuna Mayo, Egg Mayo, Ham

Vegetarian Option is available for children who are Vegetarians or have Dietary needs