PE Curriculum Intent

At Howbridge Junior School, we believe that Physical Education should be experienced by our pupils in a safe and supportive environment and that the curriculum ensures children attain optimum physical and emotional development and good health.

We aim to provide a PE curriculum in which pupils are inspired while learning and developing skills in a wide range of activities that help them to develop their health, fitness and wellbeing. We will also teach children skills to keep them safe such as being able to swim.

We intend to offer a high-quality physical education curriculum that motivates all pupils to succeed and excel in competitive activities and inspire them to develop these further out of school and in their future lives beyond school. Through intra and inter school competitions, we teach children how to cooperate and collaborate with others as part of an effective team, understanding fairness and equity of play to embed life-long values.

When pupils leave this school, we want them to feel that PE is a positive subject, one they enjoy and which motivates them to be active in their future life.